

ALLERGEN CARD

Recipe	Allergens													
														
	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
Double Beefburger (322 kcal,1347 kJ)		✓ Wheat					✓					MC		✓

INGREDIENTS: Chartwells Burger 60/40 60g ; Beef 85vl (62%), Black Bean (15%), Puy Lentil(15%), Pea Protein (7%), Water, Salt, Garlic, Spices, Onion, Flavouring, Herb, Antioxidant E300, Rice Flour, Preservative (**E223**) (1%)(**Sulphites**)Then Form Meat Into 60g Patties. 4in Floured Bap ; (**Wheat**) Flour (With Calcium, Folic Acid, Iron, Niacin, Thiamin), Water, Sugar, Yeast, Vegetable Oils (Palm, Rapeseed), Salt, Emulsifiers (E472e, E471), Preservative (E282), Flour Treatment Agent (E300). Processed Cheese Slices ; Cheese (70%) (**Milk**) (Contains Acidity Regulator: Citric Acid), Palm Oil, Emulsifying Salt (Trisodium Citrate), Natural Cheese Flavouring (**Milk**), Preservative (Sorbic Acid), Colours (Beta-Carotene, Paprika Extract), Anti-Caking Agent (Lecithins). Iceberg Lettuce. Texan Style Bbq Sauce 2.15l ; Tomato Puree, Glucose-Fructose Syrup, Molasses, Spirit Vinegar, Sugar, Modified Starch, Salt, Flavoursings, Smoked Maltodextrin, Spices, Onion Powder, Preservative (Potassium Sorbate), Garlic Powder.

Allergen advice For allergens, including Cereals containing Gluten, see ingredients in **bold**

May Also Contain Sesame.

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Tikka Rosti Burger (262 kcal,1096 kJ)		✓ Wheat										MC		

INGREDIENTS: Baking Potato. Cannellini Beans Water ; White Beans 60%, Water, Antioxidant: Ascorbic Acid. 4in Floured Bap ; (**Wheat**) Flour (With Calcium, Folic Acid, Iron, Niacin, Thiamin), Water, Sugar, Yeast, Vegetable Oils (Palm, Rapeseed), Salt, Emulsifiers (E472e, E471), Preservative (E282), Flour Treatment Agent (E300). Carrot ; Carrot (100%). Onion Brown Medium ; Onions. Rapeseed Oil ; Antifoam E900. Madras Curry Powder ; Coriander (40%), Turmeric (22%), Rice Flour, Fenugreek (5%), Ginger, Salt(Salt,Anticaking Agent(Sodium Ferrocyanide)), Cumin, Black Pepper, Paprika, Colour(Paprika Extract), Nutmeg, Fennel.Agent(Sodium Ferrocyanide)), Cumin, Black Pepper, Paprika, Colour(Paprika Extract), Nutmeg, Fennel.

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Allergen and Nutrition Advice:

- Ingredients highlighted in bold or annotated with ✓ are allergens that are present in this product
- **MC** = Cross Contamination risk indicating that this ingredient is present in the manufacturing site / factory or supply chain and our suppliers believe there is a significant risk that this allergen could contaminate the food. Our busy kitchens endeavour to take all reasonable steps to avoid any risk of cross contamination however we cannot guarantee that our food is 100% free from a specific allergen
- Adults need around 2000 kcal a day

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Spicy Baked Wedges Half Portion (80 kcal, 335 kJ)														

INGREDIENTS: Baking Potato. Chipotle Rub ; Smoked Paprika, Sugar, Salt, Chipotle Chilli(8%), Garlic, Cumin, Oregano, Onion, Coriander, Chilli, Black Pepper. Smoked Paprika.

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