



# Safer Internet Week Guidance for Parents

**Tuesday, 6 February 2024**

# Aims of the Session



- To understand the difference between Cyber Security and E-Safety
- To understand the dangers of the Internet
- To understand how to set up and monitor your child online
- To understand the laws around the Internet

# Cyber Security and E-Safety



**Cyber Security** = keeping yourself and your personal information safe online.

e.g. keeping your card details and payment transactions secure.

**E-Safety** = not talking to strangers, making sure social media profiles are private and secure.

# Dangers of the Internet



Cyber bullying – ‘Several Times on Purpose’

Cyber predators – sexual predators using social media and gaming apps

Falling for scams – phishing emails, clicking on links

Downloading viruses and malware

Posting something that they may regret – never post anything you wouldn't do live!

## **Computer Misuse Act**

Misusing the computer by:

logging onto someone's account without their permission

hacking into an account to steal money or destroy the device

## **Malicious Communications Act**

It is illegal to send or post “indecent” or “offensive” messages, make threats or false information with the intent of causing harm or distress.


## **Data Protection Act**

Protection of our data and information and the laws that companies must follow to keep us safe.

# Monitoring and checking on your child



## To configure content restrictions on the Xbox console:

1. Press the Xbox button  to open the guide, and then go to Profile & system > Settings > Account > Family settings.
2. Select Manage family members, and then choose the member whose settings you want to update.
3. Under Access to content, select the desired age-level.

Go to Settings > Family and Parental Controls > Family Management. Select the child family member you want to set restrictions for and select a feature to adjust.



## Prevent explicit content and content ratings

You can also prevent the playback of music with explicit content and movies or TV shows with specific ratings. Apps also have ratings that can be configured using content restrictions.

To restrict explicit content and content ratings:

1. Go to Settings and tap Screen Time.
2. Tap Content & Privacy Restrictions, then tap Content Restrictions.
3. Choose the settings that you want for each feature or setting under Allowed Store Content.

## iPhone

## Snapchat

## Instagram

# Where to get support



In school – form tutor, Head of Year.

In Barnsley -



[Cyber Crime - SYP \(southyorks.police.uk\)](https://southyorks.police.uk)

National Crime Agency -



[Contact us - National Crime Agency](https://www.nca.gov.uk)