



**Subject: Health and Social Care**

Year 10		
	Theme	Teaching
1	Individual rights	Choice Consultation
2	Individual rights	Protection from abuse and harm and fair treatment Equal
3	Supporting individuals to maintain rights	Importance of maintaining individual rights Challenging discrimination
4	Supporting individuals to maintain rights	Feedback activity Providing up-to-date information Providing advocacy
5	Supporting individuals to maintain rights	Effective communication Complaints procedures
6	Values of care in health and social care	Values of care in health and social care settings Where the values of cares are applied How the values of care are applied in early years
7	Values of care in early years	working in partnership with families/encouraging children's learning and development. valuing diversity/ensuring equality of
8	Importance of applying the values of care	Importance of applying the values of care effects of the values of care not being applied. Feedback on assessment
9	R022 Communication coursework- Task 1 Verbal communication	Feedback assessment The communication cycle clarity/pace
10	Coursework Verbal and non verbal communication	Tone/Empathy/Paraverbal skills non verbal:body language Gestures/facial expressions
11	Coursework Specialist communication	: Braille/Makaton Sign language/Advocacy
12	Coursework Written communication	Reports, care plans EHCP, Personal child health record, antenatal notes etc
13	Safeguarding	Feedback activity Personal hygiene Safety procedures
14	Safety measures	Manual handling Equipment considerations
15	Safety measures	Security measures How individuals are protected
16	Communication coursework Task 2	Heating and ventilation/lighting Room layout Feedback for progress check
17	Coursework Positive factors affecting communication	Noise/relationships Personal space/Body language Culture
18	Coursework Barriers	Speech difficulties:Stammer Deafness
19	Coursework Barriers	Dementia Patronising language/tiredness

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20	Coursework Barriers	Lighting/inappropriate body language inappropriate use of language
21	Coursework Barriers	Difference in language spoken/Aggression inadequate space/damaged or unsuitable furniture
22	Legislation	Feedback for progress check How legislation protects individuals Children Act
23	Legislation	Mental Health Act Equality Act
24	Legislation	Data Protection Act Health and safety at work Act
25	Communication coursework Task 3	Understanding Empathy Respect
26	Coursework Personal qualities	Patience Willingness
27	Coursework Personal qualities	Sense of humour Cheerfulness
28	Communication coursework - Task 4 Planning interactions	Feedback progress check one to one interaction:purpose/environmental factors
29	Coursework One to one interaction	Verbal skills non verbal skills
30	Coursework One to one interaction	Transcript of interaction
31	Coursework Group interaction	Group interaction:purpose/environmental factors verbal skills
32	Coursework Group interaction	Non verbal skills Structure of interaction
33	Care that fails to value	Feedback task 4 Abuse in settings Failure to apply the values of care
34	Revision for June exam	How to maintain individual rights Values of care
35	Revision for June exam	Legislation How personal hygiene, safety and security measures protect individuals
36	Synoptic	Making links to other units
37	Feedback	Completion of tasks
38	R029 Nutrition coursework Diet in the life stages	Rollover What do children eat What do adults eat
39	Diet in the life stages	What do older adults eat



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1	Macronutrients and micronutrients	Protein, fats, carbohydrates Vitamins A-K
2	Micronutrients	B vitamins Minerals and other nutritional requirements
3	Government initiatives	5 a day/Eat well Guide
4	Government initiatives	GDA/DRV/RNI
5	Factors influencing diet	Feedback task (progress check 1 and2) Income/location Lifestyle/religion and culture
6	Factors influencing diet	Vegetarian/vegan Allergies/intolerances
7	Diet related conditions	obesity,IBS, lactose intolerance 5 day meal plan
8	Creating diet plans	Feedback progress check 3 Meal plan analysis
9	Creating diet plans	Meal plan analysis
10	Creating diet plans	Meal plan analysis Selection of own dishes
11	Nutritional analysis of diet plan	Feedback progress check 4 Analysis of dishes linked to government initiatives and condition
12	Nutritional analysis of diet plan	Analysis of dishes linked to government initiatives and health condition
13	Practical evaluation	Describing how the practical assessment was carried out linking to personal hygiene and safety
14	Practical evaluation	Describing how the practical assessment was carried out linking to personal hygiene and safety
15	Synoptic	Making links with other units Feedback on progress check 5
16	R023 Coursework - Understanding body disorders Cardiovascular system	Structure and function:heart,valves,arteries,veins,capillaries,blood.
17	Coursework Cardiovascular system	Symptoms of a heart attack Diagnosis of a heart attack:electrocardiogram/echocardiogram
18	Coursework Cardiovascular system	Blood tests -cholesterol and cardiac enzymes/blood pressure Chest x ray/pulse/
19	Coursework Respiratory system	Feedback progress check 6 Structure and function:nose,cilia,pharynx,larynx

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20	Coursework	Trachea,bronchi,bronchioles,lungs,alveoli,pleural membranes,
21	Coursework Respiratory system	Inhalation,exhalation,diaphragm
22	Coursework Respiratory system	Pneumonia symptoms Diagnosis of pneumonia
23	Coursework Respiratory system	Diagnosis of pneumonia
24	Coursework Digestive system	Feedback progress check 7 Structure and function : mouth,oesophagus,stomach,small intestine
25	Coursework Digestive system	IBS symptoms Diagnosis of IBS: medical history, blood test
26	Coursework Digestive system	Endoscopy,barium meal
27	Coursework Measures of health	Feedback progress check 8 BMI Peak flow
28	Coursework Measures of health	Pulse rate Synoptic
29	Revision of unit R021	Feedback Individual rights Values of care
30	Revision of unit R021	Legislation Personal hygiene, safety and security
31	End of Course	
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