

## Year 7

Below is the suggested timetable for your child to provide them with routine and structure for their week:

- All the learning provided by the school fits into this timetable.
- Your child's class teacher will e-mail their activities ready for their first period that week, for example they'll get an e-mail from their History teacher on a Monday, their Maths teacher on a Tuesday, etc.
- This allows you and your child the choice to follow the timetable or use some flexibility to still get their work done at different times if you prefer.
- If you or your child needs to contact their subject teacher at any time during the week, they are more than welcome to do so.

Time	Monday	Tuesday	Wednesday	Thursday	Friday
Morning routine	<b>Rise</b> – get up at the same time every day <b>Ready</b> – have a good breakfast and hydrate <b>Review</b> – are you ready and equipped for the day ahead?				
9:00-9:45	<b>Be active</b> - for example PE with Joe Wicks				
09:45-10:30	<b>History</b> <i>Input and activity 1</i>	<b>Maths</b> <i>Input and activity 1</i>	<b>Science</b> <i>Input and activity 2</i>	<b>Languages</b> <i>Input and activity 2</i>	<b>Maths</b> <i>Input and activity 3</i>
10:30-11:15	<b>Reading</b> – your reading book, the news, your knowledge organiser				
11:15-12:00	<b>R.E.</b> <i>Input and activity 1</i>	<b>English</b> <i>Input and activity 2</i>	<b>P.E. (wk 1) / Citizenship (wk 2)</b> <i>Input and activity 1</i>	<b>History</b> <i>Input and activity 2</i>	<b>English</b> <i>Input and activity 3</i>
12:00-12:30	<b>Lunch time</b> – something healthy and balanced, make sure you're hydrated and that you've eaten some fruit.				
12:30-13:15	<b>English</b> <i>Input and activity 1</i>	<b>Science</b> <i>Input and activity 1</i>	<b>Maths</b> <i>Input and activity 2</i>	<b>Science</b> <i>Input and activity 3</i>	<b>Geography</b> <i>Input and activity 2</i>
13:15-14:00	<b>Languages</b> <i>Input and activity 1</i>	<b>Geography</b> <i>Input and activity 1</i>	<b>Votes for Schools activity</b>	<b>Performing Arts* (wk 1) / D.T. (wk 2)</b> <i>Input and activity 1</i>	<b>Computing (wk 1) / Art (wk 2)</b> <i>Input and activity 1</i>
14:00-14:30	<b>Be organised</b> – put everything away, ensure you have everything you need for the next day, send any work you need to onto your teachers				
Afternoon	<b>Support</b> – how can you help your family around the house? <b>Slow down</b> – do something you enjoy and allow yourself to switch off <b>Sleep</b> – get at least 8 hours a night to help your body and mind recover				

\* Performing Arts is a rotation of Dance, Drama and Music. Your child's class teacher will be in touch to let them know which subject they are studying.

## Year 8

Below is the suggested timetable for your child to provide them with routine and structure for their week:

- All the learning provided by the school fits into this timetable.
- Your child's class teacher will e-mail their activities ready for their first period that week, for example they'll get an e-mail from their History teacher on a Monday, their Maths teacher on a Tuesday, etc.
- This allows you and your child the choice to follow the timetable or use some flexibility to still get their work done at different times if you prefer.
- If you or your child needs to contact their subject teacher at any time during the week, they are more than welcome to do so.

Time	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	<b>Rise</b> – get up at the same time every day <b>Ready</b> – have a good breakfast and hydrate <b>Review</b> – are you ready and equipped for the day ahead?				
9:00-9:45	<b>Be active</b> - for example PE with Joe Wicks				
09:45-10:30	<b>Maths</b> <i>Input and activity 1</i>	<b>English</b> <i>Input and activity 1</i>	<b>Languages</b> <i>Input and activity 1</i>	<b>History</b> <i>Input and activity 2</i>	<b>Maths</b> <i>Input and activity 3</i>
10:30-11:15	<b>Reading</b> – your reading book, the news, your knowledge organiser				
11:15-12:00	<b>Science</b> <i>Input and activity 1</i>	<b>History</b> <i>Input and activity 1</i>	<b>Maths</b> <i>Input and activity 2</i>	<b>English</b> <i>Input and activity 2</i>	<b>Languages</b> <i>Input and activity 2</i>
12:00-12:30	<b>Lunch time</b> – something healthy and balanced, make sure you're hydrated and that you've eaten some fruit.				
12:30-13:15	<b>Geography</b> <i>Input and activity 1</i>	<b>Performing Arts* (wk 1) / D.T. (wk 2)</b> <i>Input and activity 1</i>	<b>Science</b> <i>Input and activity 2</i>	<b>P.E. (wk 1) / Citizenship (wk 2)</b> <i>Input and activity 1</i>	<b>English</b> <i>Input and activity 3</i>
13:15-14:00	<b>Computing (wk 1) / Art (wk 2)</b> <i>Input and activity 1</i>	<b>Votes for Schools activity</b>	<b>Geography</b> <i>Input and activity 2</i>	<b>Science</b> <i>Input and activity 3</i>	<b>R.E.</b> <i>Input and activity 1</i>
14:00-14:30	<b>Be organised</b> – put everything away, ensure you have everything you need for the next day, send any work you need to onto your teachers				
Afternoon	<b>Support</b> – how can you help your family around the house? <b>Slow down</b> – do something you enjoy and allow yourself to switch off <b>Sleep</b> – get at least 8 hours a night to help your body and mind recover				

\* Performing Arts is a rotation of Dance, Drama and Music. Your child's class teacher will be in touch to let them know which subject they are studying.

## Year 9

Below is the suggested timetable for your child to provide them with routine and structure for their week:

- All the learning provided by the school fits into this timetable.
- Your child's class teacher will e-mail their activities ready for their first period that week, for example they'll get an e-mail from their Physics teacher on a Monday, their Maths teacher on a Tuesday, etc.
- This allows you and your child the choice to follow the timetable or use some flexibility to still get their work done at different times if you prefer.
- If you or your child needs to contact their subject teacher at any time during the week, they are more than welcome to do so.

Time	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	<b>Rise</b> – get up at the same time every day <b>Ready</b> – have a good breakfast and hydrate <b>Review</b> – are you ready and equipped for the day ahead?				
9:00-9:45	<b>Be active</b> - for example PE with Joe Wicks				
09:45-10:30	<b>Physics</b> <i>Input and activity 1</i>	<b>Maths</b> <i>Input and activity 1</i>	<b>English</b> <i>Input and activity 2</i>	<b>Biology</b> <i>Input and activity 1</i>	<b>Option 1: Geography / History</b> <i>Input and activity 2</i>
10:30-11:15	<b>Reading</b> – your reading book, the news, your knowledge organiser				
11:15-12:00	<b>R.E.</b> <i>Input and activity 1</i>	<b>Option 3**</b> <i>Input and activity 1</i>	<b>Maths</b> <i>Input and activity 2</i>	<b>Option 2*</b> <i>Input and activity 2</i>	<b>Option 4***</b> <i>Input and activity 2</i>
12:00-12:30	<b>Lunch time</b> – something healthy and balanced, make sure you're hydrated and that you've eaten some fruit.				
12:30-13:15	<b>English</b> <i>Input and activity 1</i>	<b>Chemistry:</b> <i>Input and activity 1</i>	<b>Option 1 Geography / History</b> <i>Input and activity 1</i>	<b>English</b> <i>Input and activity 3</i>	<b>Maths</b> <i>Input and activity 3</i>
13:15-14:00	<b>Votes for Schools activity</b>	<b>Option 2*</b> <i>Input and activity 1</i>	<b>Option 3**</b> <i>Input and activity 2</i>	<b>Option 4***</b> <i>Input and activity 1</i>	<b>Mop up</b> <i>Is everything is done? Are quizzes complete?</i>
14:00-14:30	<b>Be organised</b> – put everything away, ensure you have everything you need for the next day, send any work you need to onto your teachers				
Afternoon	<b>Support</b> – how can you help your family around the house? <b>Slow down</b> – do something you enjoy and allow yourself to switch off <b>Sleep</b> – get at least 8 hours a night to help your body and mind recover				

\* **Option 2 subjects:** French, Spanish, Art, Child Development, Citizenship, Engineering, Hospitality and Catering, Photography

\*\* **Option 3 subjects:** Art, Business, Computing, Dance, Drama, Engineering, Hospitality and Catering, Health and Social Care, Music, PE, Photography, Sociology

\*\*\* **Option 4 subjects:** Art, Business, Computing, Dance, Drama, Engineering, Graphics, Hospitality and Catering, Health and Social Care, Music, PE, Photography, Polish, Sociology, Textiles

## Year 10

Below is the suggested timetable for your child to provide them with routine and structure for their week:

- All the learning provided by the school fits into this timetable.
- Your child's class teacher will e-mail their activities ready for their first period that week, for example they'll get an e-mail from their Chemistry teacher on a Monday, their English teacher on a Tuesday, etc.
- This allows you and your child the choice to follow the timetable or use some flexibility to still get their work done at different times if you prefer.
- If you or your child needs to contact their subject teacher at any time during the week, they are more than welcome to do so.

Time	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	<b>Rise</b> – get up at the same time every day <b>Ready</b> – have a good breakfast and hydrate <b>Review</b> – are you ready and equipped for the day ahead?				
9:00-9:45	<b>Be active</b> - for example PE with Joe Wicks				
09:45-10:30	<b>Chemistry</b> <i>Input and activity 1</i>	<b>English</b> <i>Input and activity 1</i>	<b>Maths</b> <i>Input and activity 2</i>	<b>Physics</b> <i>Input and activity 1</i>	<b>Option 1 Geography / History</b> <i>Input and activity 2</i>
10:30-11:15	<b>Reading</b> – your reading book, the news, your knowledge organiser				
11:15-12:00	<b>Option 2*</b> <i>Input and activity 1</i>	<b>Option 3**</b> <i>Input and activity 1</i>	<b>English</b> <i>Input and activity 2</i>	<b>R.E.</b> <i>Input and activity 2</i>	<b>Option 4***</b> <i>Input and activity 2</i>
12:00-12:30	<b>Lunch time</b> – something healthy and balanced, make sure you're hydrated and that you've eaten some fruit.				
12:30-13:15	<b>Maths</b> <i>Input and activity 1</i>	<b>Biology</b> <i>Input and activity 1</i>	<b>Option 1 Geography / History</b> <i>Input and activity 1</i>	<b>Maths</b> <i>Input and activity 3</i>	<b>English</b> <i>Input and activity 3</i>
13:15-14:00	<b>Votes for Schools activity</b>	<b>R.E.</b> <i>Input and activity 1</i>	<b>Option 2*</b> <i>Input and activity 2</i>	<b>Option 4***</b> <i>Input and activity 1</i>	<b>Option 3**</b> <i>Input and activity 2</i>
14:00-14:30	<b>Be organised</b> – put everything away, ensure you have everything you need for the next day, send any work you need to onto your teachers				
Afternoon	<b>Support</b> – how can you help your family around the house? <b>Slow down</b> – do something you enjoy and allow yourself to switch off <b>Sleep</b> – get at least 8 hours a night to help your body and mind recover				

\* **Option 2 subjects:** French, Spanish, Art, Business, Child Development, PE, Photography

\*\* **Option 3 subjects:** Art, Business, Child Development, Computing, Dance, Drama, Engineering, Hospitality and Catering, Health and Social Care, Music, PE, Photography.

\*\*\* **Option 4 subjects:** Art, Business, Computing, Dance, Drama, Engineering, Hospitality and Catering, Health and Social Care, Music, PE, Photography, Textiles.